

Clinical Gastroenterology and Hepatology

Risk of Malignancy in Adenomas Detected During Screening Colonoscopy

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Abstract:	<p>BACKGROUND & AIMS: A higher incidence of proximal interval cancers after colonoscopy has been reported in several follow-up studies. One possible explanation for this might be that proximally located adenomas have greater malignant potential. The aim of the present study was to assess the risk of malignancy in proximal versus distal adenomas in patients included in a large screening colonoscopy database; adenoma shape and the patients' age and sex distribution were also analyzed.</p> <p>METHODS: Data for 2007-2012 from the German National Screening Colonoscopy Registry, including 594,614 adenomas identified during 2,532,298 screening colonoscopies, were analyzed retrospectively. The main outcome measure was the rate of high-grade dysplasia (HGD) in adenomas, used as a surrogate marker for the risk of malignancy. Odds ratios (ORs) for the rate of HGD found in adenomas were analyzed in relation to patient- and adenoma-related factors using multivariate analysis.</p> <p>RESULTS: HGD histology was noted in 20,873 adenomas (3.5%). Proximal adenoma</p>

locations were not associated with a higher HGD rate. The most significant risk factor for HGD was adenoma size (OR 10.36 \geq 1 cm vs. $<$ 1 cm), followed by patient age (OR 1.26 and 1.46 for age groups 65-74 and 75-84 vs. 55-64 years) and sex (OR 1.15 male vs. female). In comparison with flat adenomas as a reference lesion, sessile lesions had a similar HGD rate (OR 1.02) and pedunculated adenomas had a higher rate (OR 1.23). All associations were statistically significant ($P \leq 0.05$).

CONCLUSIONS: In this large screening database, it was found that the rates of adenomas with HGD are similar in the proximal and distal colon. The presence of HGD as a risk marker alone does not explain higher rates of proximal interval colorectal cancer. We suggest that certain lesions (flat, serrated lesions) may be missed in the proximal colon and may acquire a more aggressive biology over time. A combination of endoscopy-related factors and biology may therefore account for higher rates of proximal versus distal interval colorectal cancer.

"Risk of Malignancy in Adenomas Detected During Screening Colonoscopy"
(CGH-D-17-01297R1)

Reply to Editorial Board

1. We agree with the suggestions made by the Reviewer and ask that you revise the paper accordingly.

Reply: See below

2. HGD definition: As previously discussed, this encompasses CIS and intramucosal CA, thus stating HGD/TiS is unnecessary. We suggest defining HGD in the Methods and using "HGD" subsequently throughout the paper.

Reply: The term was cleaned und HGD uniformly used throughout

3. Regarding the lack of central Pathology review and inter-observer variability regarding grading of dysplasia: We appreciate your points in the Reply, but could not locate where this was clearly addressed in the paper. This issue should be mentioned as a Limitation and discussed as you did in the reply.

Reply: Done (p. 4, Methods, and Discussion p. 7/8)

4. Please use sessile serrated polyp (SSP) throughout, instead of SSA.

Reply: Corrected throughout

5. In general, adenoma size in the literature is subdivided into $\leq 5\text{mm}$, 6-9 mm, and $\geq 10\text{ mm}$. We believe making this revision would make your findings more directly comparable to other papers, and are unlikely to significantly change the results of the analysis.

Reply: We apologize that in Methods, the precise size categories of the CRF were not given; this is now corrected (p. 4): „Size, with the following categories: $< 0.5\text{ cm}$, $0.5\text{-}1\text{ cm}$, $1\text{-}2\text{ cm}$, $> 2\text{cm}$; for this analysis, the latter two categories were taken together, i.e. $> 1\text{ cm}$.” Therefore, as done in the paper, we had to stick to these categories as was done in Tables and in the Figure. This was mentioned as limitation of the paper and discussed more broadly, with respect to the lack of reliable measurements in studies and databases. This fact may reduce the relevance of a slightly different size categorization in our paper (Discussion, p. 8)

6. The definition of distal versus proximal colon: We appreciate that some studies have employed a similar definition, but others have defined proximal colon as proximal to the splenic flexure. We do not view your definition as a limitation, but your study represents a unique opportunity to address in more detail the relation between colon location and HGD. We ask that you present the data according to colon location (cecum, AC, TC, etc), and determine whether changing the definition of proximal (i.e. proximal to splenic flexure) affects your primary findings.

Reply: We fully agree, but, as mentuioned, the CRF only had rthese two categories, so a further subdifferentiation is not possible; again, the question of reliability/interobserver variance arises here as well.

7. There are some inconsistencies in the data: The unknown site rate is reported as 36.2%, but Table 2 lists that distal+proximal adenomas (hence site unknown) were 35.7%. Please review the paper and Tables, and ensure all the results are consistent.

Reply: we apologize and corrected the errors (which were mostly due to recalculating the figures to be 2007-2012 instead of 2003-2012 collective).

8. The paper has several syntax and grammar errors. Please consider inviting a native English speaker to review and edit.

Reply: Done

We look forward to receiving your revised paper, and thank you again for your interest in CGH!

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Risk of Malignancy in Adenomas

Detected During Screening Colonoscopy

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Author contributions:
T. Rösch, L. Altenhofen, J. Kretschmann, B. Hagen and K. Wegscheider analysed-analyzed the data and wrote the paper, K. Fraedrich helped with literature review, H. Grenner, C. Pox, W. Schmiegell, D. Stillfried, A. Tannapfel, A. Theilmeier and J. Aschenbeck have-corrected and amended the paper.

Conflicts of interest:

There ~~is~~are no conflictss of interest for any of the authors. No funding was received for the study.

Abstract

BACKGROUND & AIMS: A higher incidence of proximal interval cancers after colonoscopy has been ~~described~~ reported in several follow-up studies. ~~One possible explanation for this might be that proximally located adenomas could be due an increased have greater~~ malignant potential ~~of proximally located adenomas.~~ Aim The aim of the present study was to assess the risk of malignancy ~~of in~~ proximal versus distal adenomas in ~~patients included in~~ a large screening colonoscopy database; adenoma ~~formshape, and the patients' age and sex distribution were also~~ analysanalyzed.

METHODS: ~~Retrospective analysis of Data for 2007--2012 data~~ from the German National Screening Colonoscopy Registry ~~on, including 594,614 adenomas found identified during 2,532,298 screening colonoscopies, were~~ analyzed retrospectively. ~~Main~~ The main outcome measure was the rate of high-grade ~~intraepithelial neoplasia dysplasia (HGD)~~ (HGD) in adenomas, used as a surrogate marker ~~of for~~ the risk of malignancy. Odds ratios (ORs) for the rate of HGD found in adenomas ~~was were analysanalyzed~~ in relation to patient- and adenoma-related factors using multivariate analysis.

RESULTS: ~~20,873 adenomas carried HGD~~ histology was noted in 20,873 adenomas (3.5%). Proximal adenoma locations ~~was were~~ not associated with a higher HGD rate. The most significant risk factor for HGD was adenoma size (OR 10.36 \geq 1.1 cm vs. $<$ 1 cm), followed by patient age (OR 1.26 and 1.46 for age groups 65--74 and 75--84 vs. 55--64 years) and sex (OR 1.15 male vs. female). ~~As In~~ compared to ~~ison with~~ flat adenomas as a reference lesion, sessile lesions had a similar HGD rate (OR 1.02) and ~~pedunculated adenomas a had a higher rate HGD rate~~ (OR 1.23). All associations were statistically significant (~~at least~~ $P \leq 0.05$).

CONCLUSIONS: In this large screening database, ~~we find it was found~~ that the rates of adenomas with HGD are similar in the proximal and distal colon. The presence of HGD as a risk marker alone does not explain higher rates of proximal interval ~~CRG~~ colorectal cancer. We suggest that certain lesions (flat, serrated lesions) ~~could may~~ be missed in the proximal colon ~~which and~~ may acquire a more aggressive biology over time. ~~Therefore, a~~ combination of ~~endoscopy endoscopy~~-related factors and biology ~~could may therefore~~ account for higher rates of proximal versus distal interval ~~CRG~~ colorectal cancer.

Keywords: Screening colonoscopy, colorectal adenomas, interval cancer rate, side differences

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Introduction

Screening colonoscopy has been shown to ~~decrease-reduce CRC the~~ incidence ~~of and also the as well as~~ mortality ~~associated with colorectal cancers (CRCs)~~¹⁻⁵ by ~~finding-identifying~~ cancers at an earlier stage and by detecting and removing adenomas as ~~the~~ precursor lesions. ~~Reduction~~ ~~However, the reduction of in the CRC incidence of CRC by resulting from~~ colonoscopy, including polypectomy, is ~~however~~ only in the ~~magnitude-range~~ of 50-80%^{3, 4, 6-8}, since interval cancers are reported to occur after a negative colonoscopy or colonoscopic clearance of all detected polyps. The interval cancer rates have repeatedly been shown to be higher in the right colon^{7, 9-13}, but it is ~~however~~ not known whether this is due to a higher miss rate ~~of for~~ proximal carcinomas and adenomas, different polypectomy success rates, or ~~due to different because the~~ biology of proximal neoplasms ~~differs in relation with regards to~~ the risk of malignancy. Although the overall adenoma detection rate (ADR) ~~was~~ correlated^s with the occurrence of interval cancers¹⁴⁻¹⁷, possible differences between adenoma locations were not ~~considered taken into account in these the relevant~~ studies. ~~In addition, certain types of adenoma forms, such as flat adenomas, have been are thought to accused to harbour an increased risk of malignancy, 18-27, 18-27, which although this has not been confirmed by in recent Western series 28-33.~~

The present paper examines the question ~~of~~ why interval cancers tend to be more common in the proximal colon. ~~This could-It might~~ be due to ~~biology biological or endoscopy endoscopic~~ factors. If adenomas progress to ~~high-grade dysplasia (HGD)~~ differently in the proximal and distal colon, there ~~could-might~~ be a biological explanation for the higher rates of interval proximal CRC. ~~Our-The~~ primary hypothesis was that HGD rates ~~are-do~~ not ~~different-differ~~ between proximal and distal adenomas. If this is correct, then ~~endoscopist-endoscopist~~-related factors (missed lesions, incomplete removal of neoplasia), ~~and-rather than not~~ biology, are more likely to account for interval cancers in the proximal colon.

Methods

The German Screening Colonoscopy Registry ~~of the~~ Central Research Institute ~~of for~~ Ambulatory Health Care, Berlin (Zentralinstitut ~~fuer-für~~ die Kassenärztliche Versorgung, ZI) is part of a mandatory quality assurance programme ~~in~~ for CRC screening. ~~It includes a compulsory photo documentation of cecal reach that the cecum has been reached, and electronic-standardized electronic~~ documentation of ~~the~~ relevant data. ~~This The~~ data is ~~centrally~~-collected ~~centrally~~ and ~~analysanalyzed~~ by the ZI. The programme and documentation started at the end of 2002, but, ~~since polyp location was only documented after 2007,~~ the period 2007-2012 was

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chosen for analysis, as polyp locations were only documented after 2007. Final data release of the data is usually delayed for at least 2–3 years due to for monitoring reasons.

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Documented data used for this analysis

• Age and sex of the screened patients

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- Number of all polyps found in categories (1 / 2–4 / > 4); details are only recorded for the most relevant polyp; in case of multiple adenomas, the largest adenoma or the adenoma with the most advanced histology (HGD) is documented as the index adenoma, with regards to details of:
 - Size, with the following categories: < 0.5 cm, 0.5–1 cm, 1–2 cm, > 2 cm; for this analysis, the latter two categories were taken together, i.e. ≥ 1 cm.

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- FormShape: pedunculated / sessile / flat.
- Location; categories included distal location (i.e., rectum and sigmoid colon) and proximal location (above the sigmoid colon). The case report form (CRF) contains a third category, namely distal and proximal location for patients with multiple polyps also, including the index adenoma as well; here, no precise location-localization of the index adenoma is not possible in this category (35.7% of cases-patients with adenomas), and therefore, this group is therefore analyzed separately.
- Histology, namely: tubular / villous / tubulovillous, and the category of low-grade and high-grade dysplasia (HGD), with the latter also including also carcinoma in situ (Tis) according to in accordance with the World Health Organization definition. A separate category for serrated adenomas/polyps (SSPs) were not a category in the registry. Local histopathologists made the diagnoses, and there is no central uniform histopathology histopathological analysis analyses were not carried out.

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Outcome parameters

The main outcome parameter: for the study was the rate of high-grade intraepithelial neoplasia/dysplasia (HGD) among all adenomas, calculated as the number of all HGDs/all patients with at least one adenoma. Colorectal cancers were excluded from the analysis. We used the HGD rate was used as a surrogate marker of for the risk of malignancy of adenomas, since as it was found that HGD histology was associated with an 1.8–6.8–8-fold increase in CRCs and advanced adenomas during the follow-up, a higher rate than the villous histology³⁴. We-It was hypothesized that location was would not be an independent factor for HGD occurrence in a multivariate analysis.

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Secondary outcome parameters: considered were factors of potentially relevance for the occurrence-development of HGD: patient age and sex, adenoma size, adenoma form-shape and location.

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Statistical analysis

All ~~cases-patients~~ with HGD were ~~related~~correlated to with the total number of patients with one or more adenomas with fully described polyp size, polyp ~~form~~shape, and polyp location. Descriptive variables are presented as means and standard deviations for continuous variables, and proportions for categorical variables.

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To control for potential confounding between predictor variables, multivariate logistic regression was performed to calculate odds ratios (ORs) with 95% confidence intervals (CIs). Three separate models (flat adenomas, sessile adenomas, pedunculated adenomas) for the occurrence of HGD and polyp cancer were analyzed using the logistic regression approach.

~~We~~Variables tested ~~included~~ the role of sex, age, localization (dichotomized ~~to~~ proximal vs. distal; ranges ~~were used~~ to correct for unclear localization in the third group, see above) and polyp size (dichotomized ~~to~~ < 10 mm vs. ≥ 10 mm) as independent predictor variables. These variables were simultaneously included in the ~~multivariable~~multivariate models for theoretical considerations of their potential influence on the detection of the three adenoma subtypes.

~~To~~For ~~compare~~comparison of the three models, Nagelkerke's R^2 was calculated, which ~~is~~indicatinges the amount of the variation that is explained by the specific logistic model. All odds ratios ~~were displayed~~were shown with 95% CIs.

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All ~~of the~~ statistical ~~computations~~calculations were performed with ~~IBM SPSS Statistics for Windows, version 19.0 (IBM Corporation, Armonk, New York)~~SPSS version 19.0 (SPSS IBM Company) or Stata 13.1 (StataCorp LLC, College Station, Texas 77845 USA). The graph was produced ~~with~~using the R statistics package (<http://www.r-project.org>).

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Results

Patient and polyp characteristics

Details of ~~included the~~ patients ~~included~~ and ~~their of the detected~~adenomas ~~detected~~ are shown in **Table-Table 1**. ~~About~~Approximately 2.5-5 million colonoscopies were documented, including a total of more than 600,000 adenoma carriers. ~~The adenomas were 5 mm or less in size in~~ 42.7% of ~~adenomas cases, were 5 mm or less,~~ and only 19.7% were larger than 1 cm. HGD was found in 3.5% of all adenoma ~~cases-s~~ (n = 20,873), with polyp cancers (cancers in adenomas) being diagnosed in 4,435 cases.

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Overall, it was not possible to identify the location of the index adenoma in there were more than a third of cases the patients, where the index adenoma location could not be identified (see above), of ; in the remaining cases, more adenomas were localized located distally (**Table Table 2**).

Sex distribution

Table 2 also shows the sex distribution of the adenomas; despite a . Although the different adenoma detection rate differed ADR between men (29.7%) and women (18.1%), women had more proximal adenomas than men (26.9% vs. 23.6%, $P < 0.01$) and they also had a slightly higher percentage of flat adenomas (15.9% vs. 14.9%, $P < 0.05$) as well as proximally located flat adenomas (4.8% vs. 3.8%, $P < 0.05$). Nevertheless, However, the rates of HGD in proximally located and/or flat adenomas were was overall 3.0% overall and it was nearly identical in both men (3.0%) and women (3.1%) and . The rate was also were lower than in distal flat adenomas (4.0% overall) as shown in ; **Table Table 2**).

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Uni-variate and multivariate analysis of location and other risk factors for HGD in adenomas

Table-Table 3 shows the percentages of HGD in adenomas of-with different locations, sizes, and morphology (univariate analysis). In line-Consistently with the distribution of all adenomas, we-it was also found that flat adenomas were more-often detected in the distal colon more often than in the proximal colon. **Table 3** also demonstrates-shows the distribution of HGD in-among all types of adenoma forms (flat, sessile, or pedunculated). It is evident that there are significant differences between the different adenoma shapes exist for polyps ≤ 5 mm and $5-10$ mm in size-between the different forms of adenoma, all of which are significant ($P < 0.05$) due to the large adenoma numbers of adenomas included.

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A multivariate analysis of factors responsible for the rate of HGD in adenomas is shown in **Figure-Figure 1**. Previously established factors such as patient age-and-, sex, and adenoma size play an important role, the latter most prominently (OR 10.36, range 9.94-10.76 ≥ 1 cm vs. < 1 cm; for other comparisons, see **Figure-Figure 1**).

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Sensitivity analysis for adenoma location

As mentioned, one limitation of the study was that it was not possible to identify the location of the index adenoma in about a-one-third of cases, the

patients the index adenoma location could not be identified (see Methods, above). Of In the remaining 2/3 of cases two-thirds, proximal locations was were associated with a of lower risk than distal locations (OR 0.75). The group with in whom the unknown location of the index adenoma was unknown had an an OR of 1.10 (Figure Figure 1). In a theoretical model for sensitivity calculation, it was tried an attempt was made to adjust for the influence of this group with unknown locations of for the index adenoma. i.e. If all the index adenomas in this group were located proximally, the OR would fall to 0.72, while if they were all of those were located distally, it would rise to 0.96. This means that the risk with a proximal location has a was similar or slightly lower, but there was certainly no higher risk of HGD in the multivariate analysis.

Further analyses

The influence of size in relation relative to polyp location and form shape on the rate of HGD and cancer is also shown in detail in Table Table 4. In three separate models referring relative to each of the three polyp morphologies, adenoma size appeared as to be the most important factor for the odds of finding HGD or polyp cancer. Localization The location of the neoplasia was of less importance, but distal vs. proximal locations comprises were associated with a higher risk of neoplasia than proximal locations (with statistically significant odds ratios between 1.4 and 1.6 for HGD).

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Discussion

Interval cancers, defined as a colorectal adenocarcinomas that was are diagnosed between the time of the screening colonoscopy, and the scheduled time of for surveillance colonoscopy¹⁷, are the most significant type of failure of that can occur with any screening method. For (screening) colonoscopy, It has been shown that with screening colonoscopy, that these interval cancers are more frequently found in the proximal colon. The reason for this higher rate of proximal interval cancers copy is still unknown. It could It might be due to be a higher miss rate, or to a different biology of in proximal lesions. A recent stage-adjusted meta meta-analysis showed that right-sided CRCs have a worse poorer prognosis than left left-sided lesions³⁵. In The present study, based on the very large German screening colonoscopy database, we demonstrated shows that proximal adenoma locations for adenomas was were not associated with an increase in the rate of HGD in adenomas. Thus, a Adenoma location per se is thus not associated with the HGD rate and hence possibly the potential cancer risk.

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The issue of the "biology" of proximal versus distal lesions has been discussed controversially a matter of controversy; recent retrospective analyses have demonstrated reported that proximally located adenomas with

HGD were significantly smaller³⁶ or that proximal location ~~was~~ were associated with a higher rate of malignancy³⁷. However, ~~our the present~~ results are in line with ~~those of~~ other studies showing contradictory evidence: recurrence rates after polypectomy ~~— a possible indicator of for~~ more aggressive biology ~~— were equivalent~~ or even lower in the proximal colon^{38, 39}. ~~Finally, In addition, the~~ mortality rate from colorectal cancer after polypectomy was not ~~found to be~~ higher ~~on with the~~ right-sided adenomas in the Norwegian cancer registry⁴⁰. ~~Thus, lesion biology does not seem to be different in the proximal colon as shown by our and other studies. This study also confirmed well-known risk factors such as adenoma size and the patient's age and sex for the HGD rates. In addition, no differences between men and women were observed~~ ^{9, 41}. In general, with such large case numbers, even subtle differences become statistically significant; to avoid overestimation of less relevant (minor) differences, clinical assessment of the observed effects should be used to draw conclusions.

~~The present study represents the largest database on of colorectal adenomas from a homogeneous screening collective so far published in the literature. We previously confirmed the validity of the registry data with regards in relation to adenoma detection was confirmed in a previous study⁴². With such large case numbers, even subtle differences become statistically significant; to avoid overestimation of minor and potentially less relevant effects, clinical judgement assessment of the observed effects should be used for to draw conclusions. We This study also confirmed the well known risk factors such as adenoma size, and the patient's age and sex for the HGD rates. Furthermore, there was nIn addition, no differences between men and women were observed with regards in relation to the higher rate of proximal interval cancers^{9, 41}.~~

The use of HGD as ~~a~~ surrogate marker for the risk of cancer ~~development~~ developing from adenomas appears to be established ~~within, based on~~ the concept ~~of~~ the adenoma ~~— carcinoma~~ sequence⁴³, although it is not fully known how long HGD persists before ~~it developing develops~~ into carcinoma, ~~and or~~ to ~~which what~~ extent this is related to other factors ~~such as polyp size and the patient's age or personal history~~. There is better evidence for ~~In the upper GI tract, an increased risk of cancer development for from~~ HGD in the upper gastrointestinal tract is better established⁴⁴⁻⁴⁶. However, two recent ~~meta meta-analysis analyses that~~ analyzed the risk of recurrence in relation to histologic parameters in the colon ~~— found that~~ HGD had a higher risk of advanced neoplasia ~~on at~~ follow-up than other histologic parameters such as villous histology^{34, 47}.

The role of ~~the shape of~~ adenomas ~~form~~ has also been ~~discussed debated~~ for many years, ~~and —~~. Flat lesions ~~were have~~ often ~~been thought accused~~ to harbor an increased risk of malignancy^{23, 48}, although contradictory results ~~were have~~ recently ~~been~~ published ~~from by groups in~~ Italy³² and Austria³³.

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In ~~our~~ the present study, flat adenomas, especially ~~the~~ smaller ones, ~~had~~ were associated with a lower HGD rate than pedunculated ones and were similar in ~~terms of~~ risk to sessile lesions. They were also equally distributed in the proximal and distal colon, and HGD rates in proximal flat adenomas were even lower than in distal ones. Thus, ~~taking when~~ HGD is considered as a risk parameter for cancer development, flat lesions ~~do not~~ appear ~~not~~ to be more aggressive per se. However, it is ~~well~~ quite possible that flat lesions ~~are may be missed~~ more readily missed, and this could be the case more often in the right colon (e.g., due to more incomplete colonoscopies, insufficiently cleaned right colon, etc.), ~~and therefore This may therefore be one of the main major factors of behind right-sided interval cancers.~~

~~There a~~ The present study has some limitations ~~of our study~~, similar to those in other large database analyses: First of all, there was no uniform histopathology analysis or ~~a~~ central histopathology reading, which would be helpful in order to reduce interobserver variance, ~~but this was the case. On the other hand, the same situation can be found~~ in nearly all previous large database studies^{14, 15, 17, 40, 49-51}. Furthermore, the categories we used for size determination (≤ 5 mm/ $6-10$ mm/ $> 10-10$ mm and more) are slightly different from those used in other large ~~The same is also true for size determination measurements; the categories we used (≤ 5 mm/ $6-10$ mm/ $> 10-10$ mm and more) are slightly different from those used in other large studies (≤ 5 mm, $6-9.9$ mm, and $\geq 10-10$ mm).~~ However, given the lack of reliable size determination and ~~a~~ substantial interobserver variability in endoscopic size measurements⁵²⁻⁵⁷, these differences may ~~of~~ be of limited relevance. A further limitation of ~~our~~ this study may be that sessile serrated adenomas/polyps (SSPs)⁵⁸ were not included as a separate entity in the database. They were not well known and/or recognized ~~as such at the beginning of when~~ the registry started recording these data, and later on, ~~were~~ probably mostly included in the adenoma category. There is considerable discussion and speculation about the role of SSPs in missed or interval cancers. However, ~~e~~ Even if there is a separate pathway from SSP to serrated cancers, some studies suggest that the overall risk appears to be similar to that of conventional adenomas^{59, 60}, ~~while, on the other hand~~, they could be a marker of concurrent CRC^{61, 7}. The ~~final ultimate~~ role ~~of played~~ by SSPs in interval cancers (with more aggressive biology or a higher miss rate) is not yet clear. ~~There is~~ However, ~~there is~~ evidence, that the rate of SSP-related features is higher in interval cancers^{41, 62, 63}. Especially with SSP, uniform histologic assessment would be desirable, but ~~this is not realistic in large population-based databases.~~ A ~~further~~ Finally, a limitation of this analysis is that ~~there it is only~~ includes data ~~of for~~ one adenoma per patient, ~~namely~~ the most significant one ~~by means in terms~~ of size or histology, ~~which~~. This may ~~have~~ introduced some bias, especially in patients with multiple polyps, which may have diluted some of the effects seen. ~~We therefore performed a~~ A sensitivity analysis ~~was therefore carried out~~, assuming different ~~probabilities~~ probabilities, which showed that the OR varied between 0.72 and 0.96. This means, that the HGD rate ~~of for~~ proximal

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adenomas was at most similar to the HGD rate ~~of-for~~ distal adenomas, or ~~could-might~~ have been lower to a variable ~~degreeextent~~.

In summary, this large study ~~finds-shows~~ that adenomas ~~that are~~ detected in the proximal and distal colon at a baseline screening colonoscopy ~~in the proximal and distal colon,~~ have similar rates of HGD, a strong surrogate marker for CRC. This suggests that ~~biology-biological~~ factors alone are unlikely to explain the higher rates of interval cancer in the proximal colon. Many of these proximal interval cancers have characteristics of ~~the~~ sessile serrated polyps^{41, 62, 63}, which may be subtle, ~~and~~ difficult to detect, ~~and with lesions that are~~ difficult to resect completely¹⁰. ~~We conclude that~~ Endoscopist factors such as missed lesions or incompletely removed lesions may ~~therefore~~ account for the predominance of proximal interval CRCs.

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TABLES

Table 1: Basic data for screening colonoscopies included in the National Screening Colonoscopy Registry, 2007–2012. Adenomas reported are index adenomas, i.e., those with the most severe histology (see text)

Characteristic		Study population (n=2,532,298)	
Patient age (mean [SD], range)		64.15[7.31]	55–99
Patient sex (male : female in %)		M: 1,175,926; F: 1,356,372 46.4 : 53.6	
		N	%
Completed colonoscopies (in all reliably documented cases)		2,495,686	98.6
Colonoscopies with sedation (in all reliably documented cases)		2,290,006	90.4
Patients with at least one adenoma (ADR) in all cases		603,838	23.8
Of those, adenomas with size, form shape, and and location reported*		594,614	98.5
Adenoma size	< 5 mm	258,034	42.7
	5–10 mm	224,496	37.2
	> 10 mm	118,014	19.7
Adenoma formshape	Pedunculated	109,867	18.2
	Sessile	398,768	66.0
	Flat	91,758	15.2
Adenoma-Adenoma histology**	Tubular	493,667	81.8
	Tubulovillous	81,395	13.5
	Villous	4,418	0.7
	HGD	20,873	3.5
Adenoma location			
	Distal	228,674	37.9
	Proximal	151,159	25.0
	Distal and proximal	215,542	35.7

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ADR → adenoma detection rate. Cases ~~without lacking~~ documentation ~~but are not~~ included ~~(add to 100%)~~.

* Figures in the following (and ~~% the percentages in the~~ right column) relate to the total adenoma number ~~of~~ 594,614; only the most advanced adenoma (defined by the size or histology of the HGD) is reported per patient, even if multiple adenomas are present (see text).

** Cancer in adenoma (T1), ~~called termed~~ "polyp cancer": ~~n =~~ 4,435 not included in the table.

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Table 2: Sex distribution of adenoma location, form-shape and histology.

	All cases (mean age 64.1 y)		Men (mean age 64.4 y)		Women (mean age 64.0 y)	
All screening colonoscopies	2,532,298		1,175,926		1,356,372	
2007–2012						
All patients with adenomas	603,838	23.8%	349,575	29.7%	254,263	18.1%
2007–2012**						
Adenoma location						
Of those, with data						
— Only proximal location	150,982	25.0% [§]	82,499	23.6% [§]	68,483	26.9%
— Of those, HGDs	3,205	2.1%	1,846	2.2%	1,359	2.0%
— Only distal location	228,357	37.8% [§]	127,796	36.6% [§]	100,561	39.5%
— Of those, HGDs	8,643	3.8%	5,063	4.0%	3,580	3.6%
Adenoma form-shape						
Data available	594,614	100%	344,327	100%	250,287	100%
Flat	90,994	15.3%	51,240	14.9%	39,754	15.9%
— Of those, HGDs	3,358	3.7%	1,979	3.9%	1,379	3.5%
Pedunculated	109,046	18.3%	67,231	19.5%	41,815	16.7%
— Of those, HGDs	7,657	7.0%	4,948	7.4%	2,709	6.5%
Sessile	394,574	66.4%	225,856	65.6%	168,718	67.4%
— Of those, HGDs	9,282	2.4%	5,723	2.5%	3,559	2.1%
Adenoma form-shape and location						
Proximal flat	25,093	4.2%	13,042	3.8%	12,051	4.8%
— Of those, HGDs	764	3.0%	388	3.0%	376	3.1%
Proximal pedunculated	15,019	2.5%	9,251	2.7%	5,768	2.3%
— Of those, HGDs	662	4.4%	445	4.8%	217	3.8%
Proximal sessile	110,870	18.6%	60,206	17.5%	50,664	20.2%
— Of those, HGDs	1,779	1.6%	1,013	1.7%	766	1.5%
Distal flat	26,504	4.5%	14,754	4.3%	11,750	4.7%
— Of those, HGDs	1,047	4.0%	613	4.2%	434	3.7%
Distal pedunculated	55,844	9.4%	32,072	9.3%	23,772	9.5%
— Of those, HGDs	3,913	7.0%	2,311	7.2%	1,602	6.7%
Distal sessile	146,009	24.6%	80,970	23.5%	65,039	26.0%
— Of those, HGDs	3,683	2.5%	2,139	2.6%	1,544	2.4%

SC, screening colonoscopy; ADR, adenoma detection rate.

*— Distal = rectum and sigmoid colon, proximal = above the sigmoid colon; for distal and proximal, see text (for multiple polyps).

**— Only the most advanced adenoma (defined by size or histology of HGD) is reported per patient, even if multiple adenomas are present (see text).

§— Percentages are related to the total number of adenomas with precise data.

Table 3: Rate of HGD in relation to polyp size and polyp formshape (all patients with one or more adenomas with complete documentation of parameters, but with the data on the most relevant adenoma per case), univariate analysis

Polyp size	Polyp <u>form</u> shape						Total no. of adenomas
	Pedunculated		Sessile		Flat		
	N	% (95% CI)	n	% (95% CI)	n	% (95% CI)	
< 5 mm	69/5730	1.20 (0.95–1.52)	1364/215590	0.63 (0.60–0.67)	294/36588	0.80 (0.72–0.90)	257908
5–10 mm	1786/52676	3.39 (3.24–3.55)	3033/138848	2.18 (2.11–2.26)	800/32843	2.44 (2.27–2.61)	224367
> 10 mm	5864/51396	11.41 (11.14–11.69)	5011/44112	11.36 (11.07–11.66)	2294/22212	10.33 (9.93–10.73)	117720
All cases	7719/109802	7.03 (6.88–7.18)	9408/398550	2.36 (2.31–2.41)	3388/91643	3.70 (3.58–3.82)	599995

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Table 4: Multivariate analysis of occurrence of HGDs depending on relative to established risk factors for separate adenoma morphology types (logistic regression)

	Model 1: Flat adenomas	Model 2: Sessile adenomas	Model 3: Pedunculated adenomas
No. of adenomas	52.047	258.517	71.880
No. of HGDs	1.811	5.462	4.575
% of HGDs			
No. of cancers	331	1.042	888
% of cancers			
HGD rate of adenomas			
Nagelkerke variance, R^2	0.138	0.135	0.067
Odds ratios and 95% CI			
Sex			
Female	1.000		
Male	1.078	0.978 1.187	1.065 1.008 1.126
Age			
55–64 years	1.000		
65–74 years	1.117	1.004 1.242	1.135 1.279
75–84 years	1.521	1.322 1.749	1.331 1.579
85 years / older	1.398	0.851 2.299	1.540 2.660
Localisation			
Proximal	1.000		
Distal	1.604	1.454 1.769	1.358 1.526
Polyp size			
< 1 cm	1.000		
≥ 1 cm	8.290	7.491 9.173	10.484 9.923 11.078

LEGENDS TO FIGURES

Figure 1:

Multivariate analysis of patient and adenoma factors with respect relative to the occurrence of HGD.

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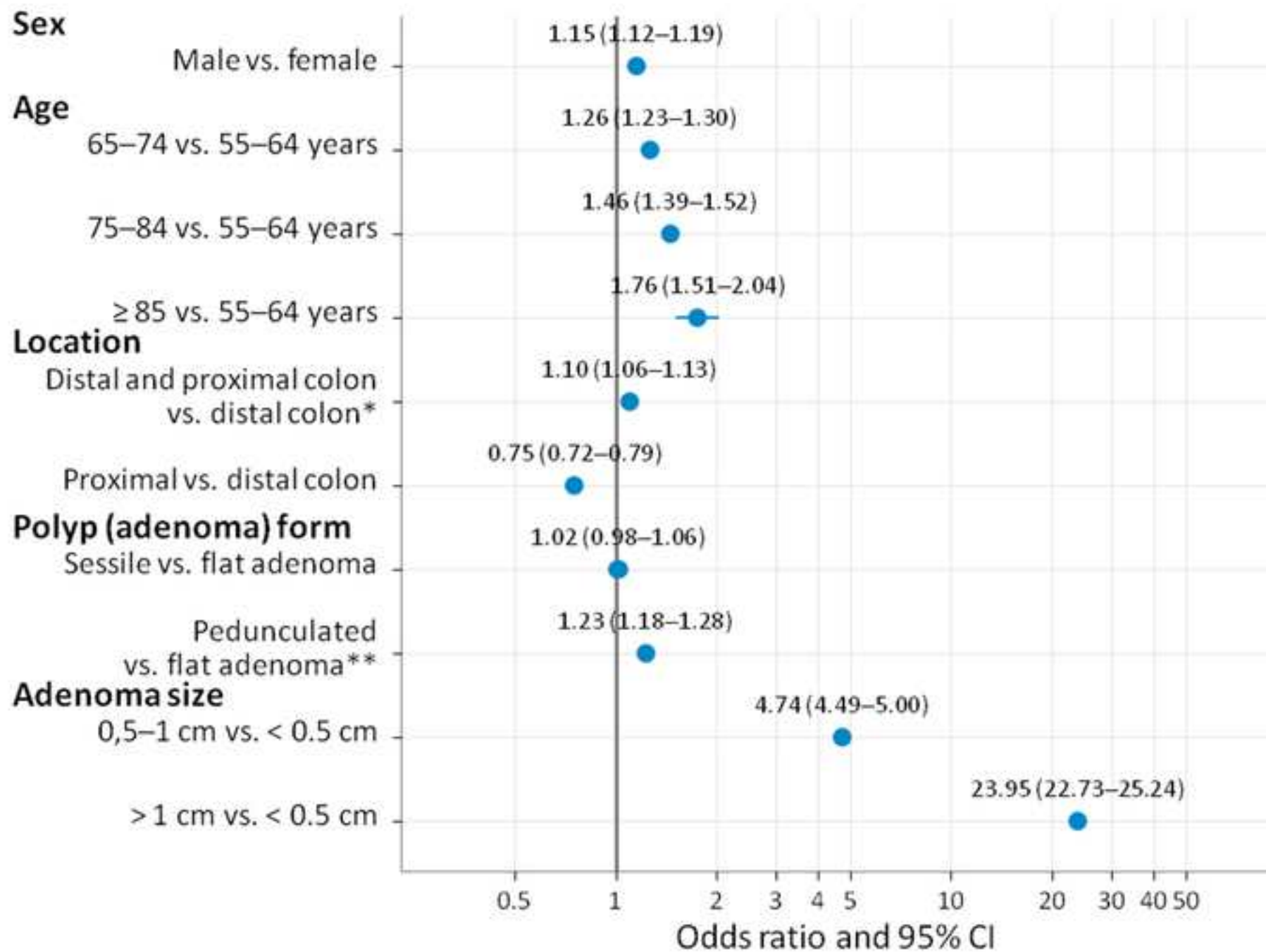
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Figure 1





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